



Annual Meeting & Buffet Dinner - November 20

The POC Annual Buffet Dinner and General Meeting will be on Sunday, November 20th at 2:00 p.m. at the Monroe County Environmental Education Center. There will be a Business Meeting and Election of the 2012 offices of President and Treasurer. This will be followed by a Potluck Buffet and Social time. Since our picnic was cancelled because of rain take this opportunity to catch up with your fellow outdoor enthusiasts. Rain or Shine!! Call Kathy Tryson at 570-720-8950 to RSVP and to plan your contribution to dinner.

Service

The Pocono Outdoor Club takes a rightful place with many other nature and wildlife groups in Northeast Pennsylvania. Although we're small, we have a clear role among organizations that people join to enjoy nature and the wilderness. We're friendly, upbeat, and helpful and we are a great place for people who haven't hiked very much or who want to learn more about hiking and other outdoor activities. Most of us know a lot about the wide variety of trails (equestrian, hiking and multi-use) throughout the Poconos and northwestern New Jersey. We're fortunate to have free access to a wonderful diversity of public use trails in the Federal DWG National Recreation Area ("the park"), natural areas and nature preserves, state forests and parks, environmental centers, state game lands, and county, municipal, local and regional areas. Try hiking in a crowded urban park with jammed parking lots, litter and poor restroom facilities and you'll see what vast resources we have to choose from. There will be a demand for a club like ours far into the future, probably more demand given the way open space is being sacrificed. There are many new and innovative ways for us to reach out to the community so we can be better known. Members of the POC must step forward and volunteer to serve to make the Club an ongoing, vibrant, and growing organization. Everyone should have the opportunity to take a hand at the tiller. Qualifications? To love the outdoors and want to be part of a team dedicated to enjoying a very special place, wildlife and woodlands of the Poconos!



Frank Allen, President

Special Announcement :

The Website at poconooutdoorclub.org has been updated with the Summer schedule. The new Fall Schedule should be there soon.

Pocono Outdoor Club Quarterly



THE SAGA OF THE OLD MAN IN THE MOUNTAIN

The story of the old man in the mountain started over two hundred years ago. At that time there were few settlers in the Delaware Water Gap area. The Olden family built their cabin on the high bank of the river so they could see any unfriendlies. Olar, the wife, and Otto had five children, three boys and two girls. Their ages ranged from two to fourteen which was the age of their oldest boy.

The land had many rocks and farming was very difficult. The Olden family grew some crops but lived off the land for the most part. There were eels, shad, and herring in the river. In addition to those fish, there were ducks and geese. All of these were to be used for food. The great forest held deer, bears and small game such as turkeys, rabbits, and squirrels. With all these different foods, the family was well fed in the summer but winter was another story.

One very cold winter day Mr. Olden went hunting. He was gone for the entire day with poor results. On the way back to the cabin he became very tired. There was a large oak tree near the trail leading home and the old man stopped to rest. He sat against the old oak and closed his eyes to take a little nap. It began to snow, which soon crusted the old man's beard and covered him over. Otto did not come home that night but that was normal for there were times when he would be gone for a week or more. This time he never came home. They were found in the springtime; both the old man and the old oak tree had crossed to the other side. The great oak and Otto had died when the tree was struck by lightning.

The mother and her children continued to live on the farm; without Mr. Olden, they had to work even harder to survive but it was the only life they knew. A fourteen year old boy was considered a man at that time and so the eldest boy became the head of the household. As time went on the mother grew very old and the children had become adults. The young men and women had left the homestead to start their own farms and families, all except Hans and Olar. The lad was no longer a young man but more the age of his father, Otto, when the old man did not return from his hunting trip. Hans had grown to look very much like his father with a long gray beard and, like dad, was a very good hunter. Hans was out hunting in the same area where Mr. Olden and the old oak tree had run out of time. It was here that he saw a very large buck, a very stately animal, and put it down with one well placed shot from his flintlock. He dressed out the deer and started to drag it to the farm. It had snowed the night before, melted and refroze, which made it very slippery. Hans was going down a steep hill dragging the deer behind him when the deer started to slide faster than Hans could move. The animal crashed into the back of his legs and it pushed him into a large tree. When Hans tried to stand up he had great pain in his right leg. He thought to himself, "How will I ever get back to the farm?" There was a slender sapling nearby and he cut it down with his small hatchet. With the help of the staff, he managed to hobble home with the deer. As he neared home Hans' dogs ran out to greet him, for they knew deer meant food!!! There were no doctors in the wilderness, therefore people had to fend for themselves and so Mrs. Olden wrapped her son's leg with rags soaked in bear grease and herbs. Now Hans could manage without using a walking stick. His mother took the stick to put it in a corner when something caught her eye. "What is this?" she said. There, on the side of the stick, was the face of an old man with a long gray beard and a hat atop his head that looked just like the hat her husband had always worn. Everyone marveled at the likeness of the carving and the man. The old man of the mountain had come for the last time.

Written by: Mr. Tom
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POC ACTIVITIES CALENDAR

For every activity, please wear appropriate clothing and footwear, bring a lunch or snack, and water to drink. The Meeting time for activities is **10:00 AM** unless otherwise noted in the write up for the hike. Hiking on uneven terrain can be hard on the ankles, so be sure to wear hiking boots, which are stiffer and taller than sneakers and have better traction. Going downhill can be hard on the knees, so if yours are sensitive, invest in a walking stick or hiking poles to take the pressure off.

TRAIL RANKINGS: Hikes are rated based on distance, climb, terrain and pace.
 Easy=1, Moderate =2, Moderate to Difficult =3, Difficult =4, Strenuous=5.

October 2011

EVENT	DATE	DESCRIPTION/CONTACT	RANK
	30 Sept thru 2-Oct	KTA Meeting and Hiking Weekend in Butler County – visit kta-hike.org for more information	
	2-Oct Sunday	Hickory Run, Boulder Field Trail: 5.5. miles out and back. Moderate Hike. Wear sturdy boots and bring water and a snack. We will hike to the Boulder Field and relax there for awhile before hiking back out. Meet at the Boulder Field Trail head on Rt. 534 at 1:00 PM . Kate Andrew & Jim Podmayersky 570-236-6831	2
	8-Oct Saturday	PEEC, DWGNRA. Ridge Line trail + Indian Ladders: Moderate 6 mile hike, with a rope ladder. Directions, take Rt 209 north of Bushkill to 12 mile marker. Turn at the sign for the environmental center. Follow Brisco Mountain Road bearing right at stop sign to PEEC parking lot. Meet at 10:00 AM. Bob Wacker 570-629-5293	3
	15-Oct Saturday	Big Pocono SP Trail Care: Meet at 9:00 AM at lot 4, which is the parking area on the east end of Rim Road. Call to ensure tools are brought. John Motz 570-236-1462	
	16 Oct Sunday	Beltzville State Park: From the Wildcreek Ttrail Head using the Christina, Falls & Coveridge trails. Approximately 5 miles. Meet at Cherry's Family Restaurant on Rt 209 in Kresgeville at 10:00 AM. Bob Wacker 570-629-5293	2
	22-Oct Saturday	Jacobsburg State Park: Fall Foliage Hike on the Homestead and Henry's Woods Trail. 4-5 miles easy to moderate hike. Meet at 10:00AM in the parking lot on Belfast Rd. Sue Prendergast 570-242-0519	2
	29-Oct Saturday	Tumbling Waters, PEEC, DWGNRA: A moderate 3.5 mile hike to 2 impressive waterfalls and overlooks of the Delaware River. There will be a 350 ft. climb up from the waterfall. Turn near the 8 mile marker on Rte 209 on to Brisco Mountain Rd. to the PEEC parking lot. Meet at 10 a.m. Rosemary Huebner 570-588-3201	2
		KeystoneTrails Association – Trail Care Events for Fall 2011: October 7-9 Reeds Gap Spur Leader: John Stevens Phone: 814.861.6664 Email: stevens.john.e@gmail.com Camp: Reeds Gap State Park November 11-13 Bear Run Nature Preserve Leader: Jeff Rosier Phone: 724.329.7803 Email: jrosier@paconserve.org Camp: Kirkpatrick House near Ohiopyle State Park	

Special Note from the President:

If you have an emergency, immediate concern or threatening situation in which your comfort zone is intruded upon anytime or anywhere on a POC hike or activity, call Frank Allen on his cellphone, 570-234-9945.

November 2011

EVENT	DATE	DESCRIPTION/CONTACT	RANK
	6-Nov Sunday	Harriman State Park, NY. Long strenuous hike of 9-10 miles on open ridge tops, along marshes & old mines. Meet at 7:15 AM for car pooling at place to be determined. Call or E-mail by Friday Nov 6. Rocky terrain with a lot of climb. Hike will take 5-6 hours. Travel time about 90 minutes. Bob Huebner 570-588-3201	5
	12-Nov Saturday	McDade Trail, Delaware Water Gap: Meet at 10:00 a.m. at the Hialeah parking area and hike to Turn Farm and back for about 9 miles. Directions: River Road through Shawnee to Hialeah picnic area on the right. Drive through and park at the far end near the trail head. Bring lunch and water Rosemary Huebner 570-588-3201	2
	15-Nov Tuesday	<i>There will be a POC Board meeting on Tuesday, November 15th at 5:00 p.m. at the Monroe County Environmental Education Center. The main topic is formation of a Nominating Committee for elections at the Fall Annual Mtg.</i>	
	19-Nov Saturday	Dixon R Miller Recreation Area (Formerly Pohopoco), Delaware State Forest - Meet at 10 AM at the trailhead off Route 115 – 1 mile south of the Pocono Raceway – turn into the entrance road (west side of route 115) – the trailhead is soon on the left. We will visit the fire tower and hike various trails in the area to a small boulder field and the Trilithon – about 6 miles. John & Fran Whipple 570-350-2977 or 570-350-2967	3
	20-Nov Sunday	POC Annual Meeting and Dinner Buffet, 2:00 PM at the Monroe County Environmental Education Center on Running Valley Road Call Kathy Tryson at 570-722-8950 to RSVP & plan your food contribution.	
	27-Nov Sunday	Appalachian Trail- Fox Gap to Delaware Water Gap: Walk off some of that turkey! 7 mile moderate to difficult rocky hike with descent into Delaware Water Gap. Great Views. Meet at 10:00 AM on Rt. 191 near Cherry Valley Sue Prendergast 570-242-0519	3

REMEMBER... THERE IS ALMOST ALWAYS SOME HUNTING SEASON,
DON'T FORGET TO

WEAR YOUR BLAZE ORANGE!

December 2011

EVENT	DATE	DESCRIPTION/CONTACT	RANK
	4-Dec Sunday	Christman Trail at Beltzville State Park: 5.4 mile lollipop. Moderate Hike. Wear sturdy boots and bring water and a snack. Meet at the Christman Trailhead on Pohopoco Drive at 1:00 PM. Kate Andrew & Jim Podmayersky 570-236-6831	3
	11-Dec Sunday	Brady's Lake, SGL #127: 6.5 mile loop on west side of Brady's Lake along the abandoned railroad bed past Wolf Run Lake. Meet at the Brady's Lake parking lot near the dam at 10:00 AM. John & Fran Whipple 570-350-2977 or 570-350-2967	3
	18-Dec Sunday	Tobyhanna State Park: Moderate 5 mile hike around the lake. Meet at 10:00 AM at the Boat Launch Parking Area. Sue Prendergast 570-242-0519	2
	1-Jan Sunday	New Year's Day - Mount Minsi: Annual New Year's Day Hike to Mt. Minsi on the AT. An annual POC tradition. Meet at 1 PM at the Lake Lenape parking lot up from the Deerhead for this annual hangover recovery hike. Strenuous hike on rocky steep terrain (1200 feet in 3 miles). John Motz 570-236-1462	3

Thursday Hikes: There is an informal group of hikers, most of whom are members of the Pocono Outdoor Club, that get together on Thursdays to hike. Anyone interested in hiking with them is invited. To get a copy of the schedule, contact Catherine Johnson by email: catherinejo1@verizon.net and she will email you a copy.



Hunting Seasons in #3D (includes all of Monroe County and parts of Pike, Wayne, Luzerne, Lackawanna and Carbon counties)

Deer (Archery) Oct 1 to November 12 -Statewide
 Deer (Antlerless Muzzleloader) Oct 15 to Oct 22 -Statewide
 Deer (Special License Holders only) Oct 20 to Oct 22-Statewide
 Deer (Antlered and Anterless) Nov 28 to Dec 2
 Deer (Archery, Flintlock) Dec 26 to Jan 16-Statewide

Fall Wild Turkey Oct 29 to Nov 18 and Nov 24-Nov 26

Black Bear Nov 19, 21 to 23 -Statewide
 Black Bear Nov 30 to Dec 3

Small Game Seasons fill in most of the gaps between Oct and Dec and for some animals and birds there is no closed season.



Nature Walks: Adventures to the Ancients

Pocono Area Old Growth Forest/Open Space

Sponsored by Pocono Heritage Land Trust and DCNR's Jacobsburg E. E. Center

Join in these "Adventures to the Ancients" open space hikes led by Bill Sweeney, an old growth forest enthusiast, botanist and long-time DCNR naturalist with Jacobsburg E. E. Center and Don Miller, an open space advocate, long-time teacher, botanist and naturalist with Pocono Heritage Land Trust. Hike participants will have an opportunity to explore both public and private old growth forest areas throughout the Pocono Region and experience the natural beauty of these often forgotten or sometimes secretive locations where the sawyers blades of foresters/lumbermen in decades past have left some small remnants of old tall timber trees.

* **Registration required: Contact Bill Sweeney at Jacobsburg E.E. Center**
(610) 746-2808 or by e-mail wisweeney@state.pa.us

Program Hike hours 12:00 / 1:00 – 5:00 pm (includes some travel time)

ALL Adventures to the Ancients hikes are free of charge with donations asked to support Pocono Heritage Land Trust's Preserve Management & Land Conservation Fund.

* Please dress appropriately for weather conditions, wear sturdy comfortable hiking boots and bring plenty of water and energy snacks. All hikes are held rain, snow or shine.

Sunday 10/30/11 - Buckhill Falls Property "Falls Hike" from 1 - 5 p.m.

Steep inaccessible slopes and the aesthetic beauty that virgin forests provide are two of the main reasons why Pennsylvanians can still enjoy these inspiring places. The virgin Hemlock forests of Buckhill Falls were protected over a hundred years ago because of the profound appreciation that local residents had and continue to have for this National Natural Landmark. Buckhill Falls is a private residential conservation community but this program will provide non-resident participants with the opportunity to enjoy a scenic two mile hike through this scenic private property.

Lehigh Valley residents can meet at 12:00 pm at the Jacobsburg EE Center main parking lot located off of Belfast road. Pocono area participants meet at the Barrett Paradise Friendly Library parking lot just off Rt. 390 North in the village of Cresco. Registration is required. Contact Bill Sweeney at Jacobsburg EE Center 610 746-2808 or by e-mail Wisweeney@pa.gov

Sunday 11/20/11 - Pennel Run Natural Area/Delaware State Forest from 1 - 5 p.m.

Nature lovers can enjoy one of the finest natural areas in the state when they visit this Pike county treasure. Enormous 200 year old White Pine grow here along with a great diversity of other tree species, but this site was forever protected as a "State Forest Natural Area" by the PA Department of Conservation and Natural Resources because of the exceptional amphibian habitat located along Pennel Run, a tributary to Bushkill Creek. This is a great headwater stream and woodland hike through a "protected gem of a natural area" in the Delaware State Forest.

Lehigh Valley residents can meet at 12:00 pm at the Jacobsburg EE Center main parking lot located off of Belfast road. Pocono area participants meet at 1:00 in the PA Visitors Welcome Center parking lot just off Exit #310 in Delaware Water Gap. Registration is required. Contact Bill Sweeney at Jacobsburg EE Center 610 746-2808 or by e-mail Wisweeney@pa.gov

Sunday 12/18/11 - DWGNRA Hogback Ridge at the Walpack Bend from 1 - 5 p.m.

The tough sedimentary rock of the Hogback Ridge forces the Delaware River to take a dramatic turn to the east and around the Hogback ridge as it makes its journey south. Join us for a four mile hike that starts and ends at the DWGNRA Bushkill Visitor Center. We will hike along an old colonial road that winds along the spine of this steep sloped ridge. Participants can compare a maturing forest on the upside of this old road while viewing old growth forests growing along the steep slope that plummets towards the Delaware River. The views alone make this hike worth the effort!

Lehigh Valley residents can meet at 12:00 pm at the Jacobsburg EE Center main parking lot located off of Belfast road. Pocono area participants meet at the DWGNRA Bushkill Visitor Center located on the east side of route 209 in Bushkill PA. Registration is required. Contact Bill Sweeney at Jacobsburg EE Center (610) 746-2808 or by e-mail Wisweeney@pa.gov

T-SHIRTS & PATCHES Make Excellent Gifts For Everyone

The Club's first edition T-shirts are now available in Navy Blue (M and L sizes only). The Navy Blue Tee's are 50/50-poly/cotton blend and look sharp with white graphics. The original All Cotton Green Tee's are still available in all sizes- Adult S/M/L/XL. All Tee's sport the original POC Tagline-"Take A Hike!" Requests for children's sizes should be submitted- if we get enough we will order some. Specify size and color when ordering. Tee's are \$12 for non-members/\$10 for members. Patches are still \$3.00 each.



ATTENTION: Members!

If you have forgotten to renew your membership for 2011 – Now is the time to get it done!!!! Please use the membership application on the last page of the Newsletter.

Note: New members who join in October, November or December of 2011 are considered paid for all of 2012.

POCONO OUTDOOR CLUB INFO

www.PoconoOutdoorClub.org

This Newsletter publishes quarterly. It is received by Club members, other trail clubs, friends, and agency partners.
New Members are encouraged to participate and volunteer for Club events.

To contact POC Committees:

Activities: Bob Huebner - rwhorient@aol.com

Trailcare: John Motz - trailbuilder@enter.net
570-236-1462

Membership: Solvejg Wills - chel7ha@verizon.net
570-424-1818

Newsletter: Fran Whipple-franlwhipple@me.com

Club Publicity: PocPublicist@gmail.com

KTA Representative: Roy Kleinle - royk1@ptd.net

POC Info -fallen1947@yahoo.com
570-420-9040

Club Officers

President- Frank Allen (570-420-9040)
fallen1947@yahoo.com
Cell: 570-234-9945

Secretary- Karen Livingood
karen.psychologist@gmail.com

Vice President- John Whipple (570-350-2967)
johnhwhipple@me.com

Treasurer- Solvejg Wills (570-424-1818)
chel7ha@verizon.net

2011 POCONO OUTDOOR CLUB MEMBERSHIP APPLICATION

Send check, made payable to "Pocono Outdoor Club" to **POC Memberships at 47 Stones Throw, East Stroudsburg, PA 18301**. Memberships are per calendar year. Applicants must be at least 18 yrs old.

Name(s)	<input type="radio"/> \$10 Basic Membership
Address:	<input type="radio"/> \$15 Family Membership
Phone:	Higher Levels of Trail Support:
Email:	<input type="radio"/> \$18 Contributing Member
	<input type="radio"/> \$25 Trail Maintainer
	<input type="radio"/> \$50 Trail Builder
	<input type="radio"/> \$150 Life Member Individual
	<input type="radio"/> \$250 Life Member Couple

Additional Contributions are welcome and benefit local trails. \$ _____

___ I would like to lead an outing. ___ I would be interested in doing volunteer trail care.

New Member

Renewal

Please, send me email updates/newsletter

___ This is a Gift Membership from _____

_____ My signature verifies I am 18 yrs of age and agree to the Rules of the Pocono Outdoor Club. I understand that I am responsible for me and my minors.



Pocono Outdoor Club
PO Box 246
East Stroudsburg, PA 18301